

THE MENANGLE NEWS

Vol 34 No 1

JANUARY 2024

The Menangle News is a monthly newsletter first published in 1981.

Website for past issues: menangle.com.au (Menangle – the Birthplace of Australian Agriculture)

Editor: Sue Peacock 0425 203 429 susan.peacock2@gmail.com

ST JAMES ANGLICAN CHURCH

Enquiries: office@menangleanglican.com.au

Sunday Services: 8.30 am and 10.00 am.

10.00 am service is live streamed at

www.menangleanglican.com.au

**Ladies Coffee Morning 10am at the Store
1st Friday each month.**

ST PATRICKS CATHOLIC CHURCH

6.00pm on 1st Sunday each month

AUSTRALIA DAY BREAKFAST FRIDAY, JANUARY 26th, 2024

**At the Fire Shed
8.00am – 10.00am
\$5 adults, kids free**



We have so much to be thankful for to be living in good old Aus., and especially in Menangle! Now the Christmas rush is over, please start thinking about how you could nominate a “good neighbour”, a “random act of kindness”, a “funny thing someone has done” (remembering to be kind of course!) a “real achievement”, (sporting, academic, community etc.)

FOR A LOCAL HERO AWARD. SEE BACK PAGE FOR THE NOMINATION PROCESS.

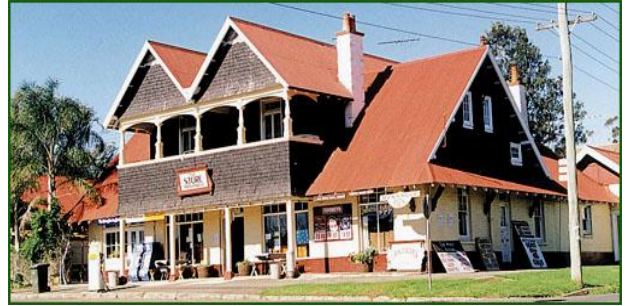
Please make sure to invite them to the Australia Day Breakfast to receive their award!



Thank you, Mirvac, for sponsoring the printing of this issue of the Menangle News.

Land in Village Glen, Stage 2A is now registered.

THE STORE MENANGLE



OPENING HOURS

MONDAY – FRIDAY: 6.30am – 2.30pm

SATURDAY & SUNDAY 8.00am – 2.00pm

Delicious Full Breakfast and Lunch menus.

POST OFFICE

open 9 – 5 Monday to Friday Phone: 46338101

JANUARY BIRTHDAYS

5th Terry Swanson
7th Doug McDonald
8th James Tedesco
14th Isabel Lau
16th Victoria Foulks
19th Bianca Peretin
20th Rhiannon
21st Joshua Bond
28th Paul Thompson

Add your special dates to our list by sending an email to: susan.peacock2@gmail.com

[I rely on readers to help me keep this accurate. Please call me if you pick up any mistakes! 0425 203 429](#)



THOMMO'S CORNER

A blond man is in the bathroom and his wife shouts “Did you find the shampoo?” He answers “Yes, but I’m not sure what to do - it’s for dry hair and I just wet mine.”

A blond man spots a letter on his doormat. It says on the envelop “DO NOT BEND”. He spends the next two hours trying to figure out how to pick it up.

A blond man shouts frantically into the phone “My wife is pregnant and her contractions are only 2 minutes apart.” “Is this her first child?” asks the doctor. “No” he shouts, “This is her husband!”.

EDITORIAL

Happy New Year! So far 2024 has been very mild weather-wise and good summer rain has Menangle looking beautiful!

New Year is renowned for being a time of good intentions, and resolutions for positive life improvements. How are you going so far? It is Jan 6th as I write....

I am privileged to have James Clear's book "Atomic Habits", and he brings such a refreshing approach, but it does take a bit of dedication to get on board. Rather than focus on outward behaviour, James recommends digging down deep and thinking about what we really value, and what kind of person we want to be. (Our identity) Then he advises that we just make 1% changes towards what we value. For example, he tells of a girl who simply started asking "What would a healthy person do?" when she was faced with all kinds of opportunities and choices. Without making any other changes she ended up losing 45kg and has become a healthy, active person.

Some of you might remember the "WWJD" (What would Jesus do?) arm bands that were popular in Christian circles a few decades ago. Maybe they weren't too far off the mark!

There is a sports clothing brand LSKD that have adopted the 1% idea and have some t-shirts printed 1% better every day.

I can think of so many ways I would like to improve – check with me at the end of the year and see if I am more orderly, more patient, kinder, more grateful, finding more joy, wiser... the list goes on... but I like the possibilities and optimism that the idea of asking the question "What would a joyful person do?" opens up. And I could even see benefits in asking a much more serious and sobering question "What would an orderly person do?"

Maybe one a month would be a good approach.

I bless you my dear readers for 2024 with the blessing I pray for my family:

**The LORD bless you,
and keep you strong, kind and brave;
The LORD make His favour shine upon you,
and be gracious to you,
The LORD turn His face towards you,
attending to your every prayer;
And give you shalom, completion,
wholeness and peaceful wellbeing in Jesus.**

Numbers 6:25-26

SINGING LESSONS

Learn how to sing and enjoy every note!
Contact Jess Pierce for more information
on 0422 848 966 or jess.vocalz@gmail.com
In person & online lesson slots available.

MEN'S SHED

Open on Mondays and Thursdays 8.30am to 12noon in
the old Whiteman's shed, Stevens Rd, Menangle.
(Public holidays excepted.)
Contact Allan Webb: 46339886; 0409 246 117

MOBILE LIBRARY

The Wollondilly mobile library visits Menangle every
Tuesday between 9.30 am and 11.30 am.
Dean McGrath Park Station St.

MENANGLE DISTRICT PROBUS CLUB

NEXT MEETING Monday January 15th

Speaker: Judith Bond

If interested, please contact:
President David Llewellyn 0407 105 520
Or Secretary Sue Peacock 0425 203 429

DANCE LATINO

Fun dance classes to suit every one:
Salsa, Bachata & Merengue.
Group Classes and private Lessons available.
Call Claudia on 0430 460 205
Website www.dancelatino.com.au

MACARTHUR LEARN TO SWIM

2/53 Cawdor Rd Camden Ph. 4655 7735

LIONS CLUB OF CAMDEN MARKETS

From 7:30am Saturday at Onslow Park
Phone: 0417 230 418

THE PUPPY LOFT

Specialised Grooming, Day-care, and holiday care
as well as pick up/drop off within the local area.
235 Menangle Rd. contact Annette 0414 816 624
Email annette@thepuppyloft.au

HAWK CARTS

Wayne Mulholland - Hawk Carts
Phone: 02 4632 7233 Mobile: 0431 674 890
Website: hawkcarts.com.au

DOUGLAS PARK PHARMACY

PHONE: 02 4632 8554
OPENING HOURS
Monday – Friday 9.00am – 6.00pm
Saturday 9.00am – 1.00pm
Sunday and public holiday closed.

AUSTRALIA DAY IN MENANGLE

26th JANUARY 2024

8.00am at THE FIRE SHED

FUN LOCAL HERO AWARDS



Nomination Form

I _____ nominate _____
Your Name Their Name

For an award for: _____

Please add a brief explanation: _____

Nomination Form

I _____ nominate _____
Your Name Their Name

For an award for: _____

Please add a brief explanation: _____

Categories:

“A good neighbour award”

“A random act of kindness award”

“A funny thing they’ve done award” (remember to be kind of course!)

“An Achievement Award” (sporting, academic, community etc.

PLEASE RETURN BY JANUARY 23rd

Email susan.peacock2@gmail.com OR LETTERBOX 10 Station Street.



Menangle



Menangle Rural Fire Brigade Update January 2024

Menangle Rural Fire Brigade was pleased to have an un-eventful Christmas and New Year period. There were eight callouts in December with the majority being for automated fire alarms. For the first half of January there have been two callouts. This has given our volunteers the opportunity to clean-up around the station and plan for 2024.

Thank you to everyone who participated in our Santa Run. We had a great time taking Santa around Menangle visiting our long-term residents and meeting some of our new families. Check out our Facebook page for some great photos of our Santa Run!

Thank you to everyone who has purchased a calendar or made a donation to the brigade. We are extremely grateful for the ongoing support of everyone in the local community.



Have you thought about joining Menangle Rural Fire Brigade?

Are you new to the area and looking to make friends and connect with the local community?

Is your new year's resolution to give back to your community?

Now is a great time to come down to one of our monthly meetings or training nights and find out more about joining the brigade. You can join as a fire fighter or support member. We are even starting Cadets for high school aged young people in 2024.

There will be both in person and online training available for all new members. If you are interested in finding out more about joining the brigade please come along to our next meeting on 23/01/2024 or come along to the Australia Day breakfast.

The Top 5 Actions to Make Your Home Safer from Bush Fire

1. Trim overhanging trees and shrubs. This can stop the fire spreading to your home.
2. Mow grass and remove the cuttings. Having a cleared area around your home will give firefighters a safe area to work.
3. Remove material that can burn around your home. This includes things such as door mats, wood piles, mulch, leaves, outdoor furniture.
4. Clear and remove all the debris and leaves from the gutters surrounding you home. Burning embers can set your home on fire.
5. Prepare a sturdy hose/s that will reach all around your home. Make sure you have a reliable source of water (pool, tank, dam) and a diesel/petrol pump available.

For more tips on how to prepare your home visit: <https://www.rfs.nsw.gov.au/plan-and-prepare/prepare-your-property>